

Guidelines for writing for the “Members share” blog— 3/29/2022

From the District 26 Web Editorial Committee (Annetta, Autumn, Claire, and Tessa)

SEND SUBMISSIONS TO website@al-anonbythebay.org and put *BLOG SUBMISSION* in the subject line.

Keep it simple and specific. Share your experience, strength and hope.

Keep it brief. Posts must be 300 words or less. (We can help you edit down.)

Respect the Twelve Traditions. Respect everyone’s anonymity and avoid discussing specific religions, politics, treatment centers or other self-help programs.

Don’t be afraid. What you have to say is more important than literary style or perfect grammar. The Editorial Committee will edit only for clarity and we are committed to respecting the writer’s voice. Writers will always be welcome to reject any editorial suggestions.

Choose a byline. It’s your choice whether to use your first name, call yourself “Anonymous” or pick a pseudonym, followed by a place name (Berkeley CA, San Pablo CA, etc.). (The place names help make us easier to find when people search for us online.)

Choose an image. Every post needs a picture of some sort. No photos showing anyone’s face, or otherwise breaking anonymity, but we welcome other kinds of photos, paintings, drawings, you name it. But if you don’t want to provide an image, we’ll come up with one for you.

Some possible topics

What’s your favorite AI-Anon slogan, and how has it helped?

How do you define your Higher Power?

What is your favorite among the Twelve Steps and why?

Share a specific time when Conference Approved Literature, a meeting and/or your sponsor helped guide you through a difficult experience

What happened at your first AI-Anon meeting, and why did you come back? Where are you today?

How have issues of diversity and inclusion—of age, gender, ability, orientation, race or ethnicity, class or any other—affected your experience in Al-Anon and your recovery?

How do you work as a sponsor, and what has it done for your own recovery?

What does the Eleventh Step's "prayer and meditation" mean to you?

What was your experience with taking the First Step and admitting to being powerless over people, places and things?

How did you approach your Fourth Step Inventory?

How did you find a sponsor, and how do you and your sponsor work together?