

AL-ANON FAMILY GROUPS NORTHERN CALIFORNIA DISTRICT 26
THIRD FRIDAY SPEAKER MEETING - ALL ARE WELCOME!



“Trust”

SPEAKERS:
AL-ANON - IRV H.
AL-ANON - MARCY R.

FRIDAY, OCTOBER 16, 2026
7:15-8:30 PM MEETING
8:30-9:00 PM FELLOWSHIP

VIRTUAL MEETING ON ZOOM: [HTTPS://ZOOM.US/J/692090488](https://zoom.us/j/692090488)
MEETING ID: 692090488, PASSWORD: 830106

Sponsored by Step Up - Step Tradition & Concept Meeting
www.al-anonbythebay.org