

AL-ANON FAMILY GROUPS NORTHERN CALIFORNIA DISTRICT 26
THIRD FRIDAY SPEAKER MEETING - ALL ARE WELCOME!



“Caring For: Beloveds, Ourselves, Others”

SPEAKERS:
AA/AL-ANON - JOE M.
AL-ANON - ANNE P.

FRIDAY, AUGUST 21, 2026
7:15-8:30 PM MEETING
8:30-9:00 PM FELLOWSHIP

VIRTUAL MEETING ON ZOOM: [HTTPS://ZOOM.US/J/692090488](https://zoom.us/j/692090488)
MEETING ID: 692090488, PASSWORD: 830106

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