

Al-Anon Family Groups District 26

Third Friday Speaker Meeting - All Are Welcome!

“Emotional Sobriety”

Friday June 19, 2026

7:15 - 8:30 p.m. PT

Speakers:

KAREN HA - Al-Anon and MARY ANN G. - AA

Virtual meeting on ZOOM

<https://zoom.us/j/692090488>

Meeting ID: 692090488 - Password: 830106

Hosted by Friday Women's Brown Bag Lunch Meeting AFG

WSO #60537