

AL-ANON FAMILY GROUPS NORTHERN CALIFORNIA DISTRICT 26
THIRD FRIDAY SPEAKER MEETING - ALL ARE WELCOME!



“Breaking the Generational Cycle”

SPEAKERS:

AL-ANON - ELAN J.

AL-ANON - PATTI W.

AL-ANON - MARIA C.

FRIDAY, MAY 15, 2026

7:15-8:30 PM MEETING

8:30-9:00 PM FELLOWSHIP

VIRTUAL MEETING ON ZOOM: [HTTPS://ZOOM.US/J/692090488](https://zoom.us/j/692090488)

MEETING ID: 692090488, PASSWORD: 830106

Sponsored by Al-Anon Adult Children of Alcoholics
www.al-anonbythebay.org