

*Al Anon District 26*  
*Speaker Meeting on Zoom!*  
***Mending the Tree of our Relationships***



***The roots of a relationship with an alcoholic/addict has many twists and turns. Keeping yourself healthy in the relationship can require nurturing and self-care. Join us for an evening of experience, strength and hope in relationships with TBD (Al Anon) and Julio B (AA).***

**Saturday, February 7, 2026**  
**6:30pm – 8:00pm**  
**"Freedom from Despair" #50085**  
**Richmond, California (newcomers welcome!)**  
**<https://zoom.us/j/830369141>**  
**Password: 199211**



*Instructions: Download the Zoom App or go to <https://zoom.us> and type in the meeting number "830369141" with the password 199211. Make sure to sign on using both video and audio. You can dial into the meeting by phone (408) 638-0968. Enter the meeting number and password.*