

AL-ANON FAMILY GROUPS CALIFORNIA DISTRICT 26
THIRD FRIDAY SPEAKER MEETING - ALL ARE WELCOME!



“Emotional Sobriety in the New Year”

**SPEAKERS: JOANNA F. (AL-ANON)
JOE P. (AA)**

FRIDAY, JANUARY 16, 2026
7:15-8:30 PM MEETING
8:30-9:00 PM FELLOWSHIP

VIRTUAL MEETING ON ZOOM: [HTTPS://ZOOM.US/J/692090488](https://zoom.us/j/692090488)
MEETING ID: 692090488, PASSWORD: 830106

www.al-anonbythebay.org