



**3RD FRIDAY SPEAKER MEETING
WITH SPEAKERS FROM AL-ANON AND AA
DISTRICT 26**

ONE DAY AT A TIME

WITH
BARBARA & ALAN
(AL-ANON) (AA)

**EXPERIENCE, STRENGTH & HOPE
IN AN
ENDURING RELATIONSHIP**

**7:15-8:30PM
21 NOVEMBER 2025**

**ST. ALBAN'S EPISCOPAL CHURCH
1501 WASHINGTON AVENUE
ALBANY, CA**

Hosted by the Monday Morning Freedom and Hope Group

alanonbythebay.org

