

Al-Anon Family Groups District 26
Third Friday Speaker Meeting - All Are Welcome!



“Keeping the Focus on Myself”

Friday, August 15, 2025

7:15 – 8:30 p.m. PDT

Speakers:

Naomi - Al-Anon and Soraya - AA/Al-Anon

Virtual meeting on ZOOM

<https://zoom.us/j/692090488>

Meeting ID: 692090488 - Password: 830106

Hosted by Friday Women's Brown Bag Lunch Meeting AFG