

**Al-Anon Family Groups California District 26**  
**Third Friday Speaker Meeting - All are welcome!**



**“The Power of Powerlessness”**

**Friday, January 17, 2025**

**7:15–8:30pm Meeting**

**8:30–9pm Fellowship**

Speakers:

Lynn K. and Susan W. (Al-Anon)

Nathan R. (AA)

Virtual meeting on Zoom: <https://zoom.us/j/692090488>

Meeting ID: 692090488, Password: 830106

---

Sponsored by the Saturday Parents Al-Anon group  
[www.al-anonbythebay.org](http://www.al-anonbythebay.org)