

**Al-Anon District 26 Invites you to join us**

# WINTER LIGHTS 2024

## HOLIDAY MARATHON IN-PERSON MEETINGS

### TUESDAY, DECEMBER 24

11 am: "Peace"

12 pm: "Gratitude for Our Problems"

1 pm: "The Traditions"(Speaker Meeting)

### WEDNESDAY, DECEMBER 25

11 am: "Surviving Holidays with Family"

12 pm: "Making It Together: Oldtimers & Newtimers"

1 pm: "Easy Does It"

2 pm: "Gratitude"

### TUESDAY, DECEMBER 31

11 am: "Changing My Thinking"

12 pm: "New Year, Less Fear!"

1 pm: "Acceptance: One Day at a Time"

2 pm: "Endings & Beginnings"

### GOOD SHEPHERD EPISCOPAL CHURCH

1823 Ninth Street, Berkeley (at Hearst), Parish Hall

Transit: AC Transit bus #51B, #72, #72M, or #72R

(University & San Pablo stop) or 20-minute walk from

North Berkeley BART. Parish Hall is wheelchair accessible.

**We also have special Holiday Zoom Meetings! See full meeting schedule online:  
[www.al-anonbythebay.org](http://www.al-anonbythebay.org)**