

Al Anon District 26

## Speaker Meeting on Zoom!

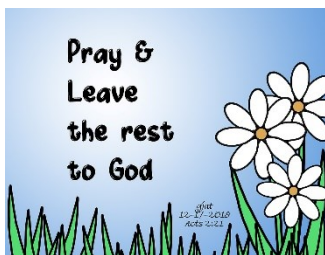
"PRAYER IS WHEN YOU TALK TO GOD;  
MEDITATION IS WHEN YOU LISTEN TO GOD."

- DIANA ROBINSON



**Step 11:** *Sought through prayer and meditation to improve our conscious contact with our God as we understood our God, praying only for the knowledge of our God's will for us and the power to carry that out.*

Join us for an evening of experience, strength, and hope on Zoom with speakers **Elizabeth M (Al Anon) and Amelia (AA)**.



**Saturday, November 2, 2024 6:30pm – 8:00pm**

**"Freedom from Despair" #500852**

**Richmond, California (newcomers welcome!)**

**<https://zoom.us/j/830369141>; Password: 199211**

*Instructions: Download the Zoom App or go to <https://zoom.us> and type in the meeting number "830369141" with the password 199211. Make sure to sign on using both video and audio. You can dial into the meeting by phone (408) 638-0968. Enter the meeting number and password.*