

DISTRICT 26 THIRD FRIDAY SPEAKER MEETING SCRIPT

[Zoom meeting edition - revised June 2020]

Notes to Secretary - please familiarize yourself with these Guidelines *before* the meeting:

- The formal portion of the meeting lasts 75 minutes, from 7:15 to 8:30 PM, Attendees are welcome to stay after for fellowship (subject to Host availability).
- Speakers generally speak for 30 minutes if there is one speaker, 20 minutes each if there are two, 10 minutes each if there are three.
- The readings: All readings will be posted on the Screenshare. Before the meeting begins, ask for volunteers to read aloud the Welcome, Preamble and Steps, Tradition, and Closing at the appropriate times (see script below).

At 7:15pm:

Welcome to Al-Anon By The Bay (District 26)'s Third Friday Speaker Meeting. Let's open with a moment of silence, followed by the Serenity Prayer:

God, grant me the serenity to accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.

Will the person reading the Welcome please read it aloud now?

This is an open meeting and we welcome visitors seeking information about Al-Anon as well as newcomers to Al-Anon and Al-Anon members.

Will the person reading the Twelve Steps please read the Preamble and the Steps now?

Will the person reading the Tradition please read the Preamble and the Tradition of the month now?

This is the time we pause to honor the Seventh Tradition, which states that we have no dues or fees but are self-supporting through our own voluntary contributions. Please send contributions to District 26. The address and other information will now be posted in the chat.

During the speakers and the sharing portions of the meeting, the chat function will not be available. It will be available at the break and at the end of the meeting.

A reminder to everyone: as a courtesy to the group, please mute yourself at all times except when you are actually sharing with the group.

Our speaker[s] tonight is/are And tonight's topic is.....

[After the speaker, or after the first speaker, if there's more than one:] We will now take a 5-minute break.

[Call the meeting back to order. Introduce the next speaker, if there is one.]

[After the speaker(s) is/are done:]

Now we will begin the open sharing portion of the meeting. A reminder for anyone who missed the announcement about how to share in the Seventh Tradition earlier: please mail your contribution to District 26; the mailing address and other information are posted in the chat.

At 8:25 pm:

Are there any Al-Anon-related announcements?

It's time to end the formal portion of the meeting, but everyone is invited to stay for fellowship.

If you wish to, please unmute yourselves to thank our speaker(s) and show our appreciation for everyone who helped put this meeting together.

Will the person reading the Closing please read it now?

We will now close with the Serenity prayer.